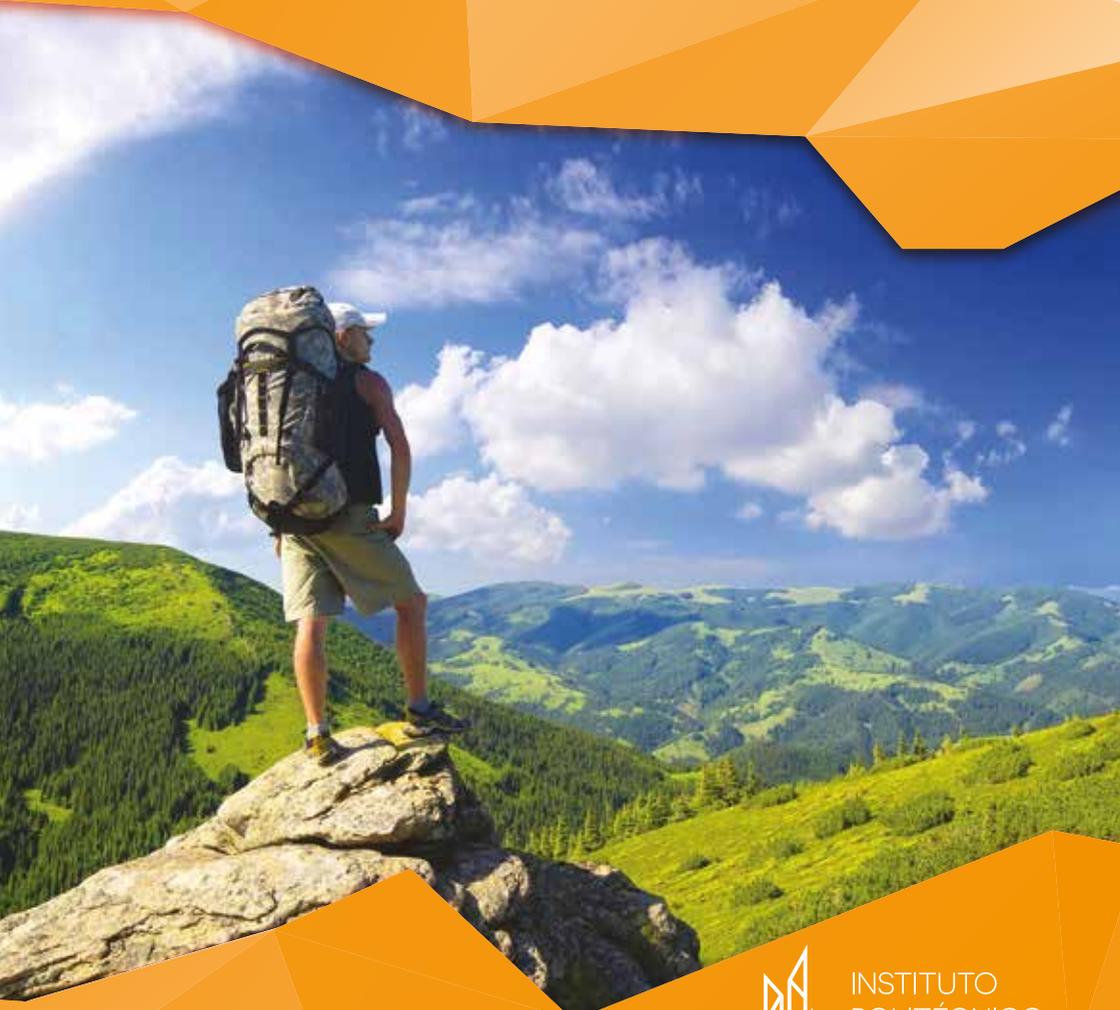


HIGHER TECHNICAL PROFESSIONAL COURSES

# SPORTS AND NATURE TOURISM



2017/2018 ACADEMIC YEAR



INSTITUTO  
POLITÉCNICO  
DA MAIA **IPMAIA**

# SPORTS AND NATURE TOURISM

## COORDINATOR

António Carlos Rodrigues Sampaio

## CONTACT DETAILS

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This Higher Technical Professional Course is a vocational training course taught as part of polytechnic higher education and lasts 4 semesters, corresponding to 120 ECTS.

The course is organised into general and scientific training, technical training and on-the-job training (internship), and each student is awarded with a **Higher Technical Professional Diploma at level 5 of the European Qualifications Framework for Lifelong Learning**.

### 1. Professional profile

The Higher Technical Professional Course in Sports and Nature Tourism aims to train professionals who are able to **design, plan, organise and accompany Nature Tourism and Sport activities**, with the autonomy to organise the respective participants. They should also be able to participate in **managing and supervising the facilities and equipment involved in this** field of work.

### 2. Professional opportunities

Carrying out duties that support recreational sporting activities that are part of nature and in a tourist setting at hotels, camp-sites, sports holiday camps, beach concessionaires, maritime sports businesses and public or private administration institutions.

### 3. Entry requirements (one of the following)

- 3.1 Having completed a secondary **education course** qualification or a legally equivalent qualification.
- 3.2 Having passed the special exams for assessing capacity to attend higher education for **people over 23** (Decree-Law no. 64/2006 of 21 March).
- 3.3 Holding a technological specialisation diploma, a higher technical professional diploma or a higher education qualification.

#### 4. COURSE STRUCTURE

##### YEAR 1 - 60 ECTS

	Course units	Sem.	Contact hours	ECTS
<b>General and scientific training</b>	Communicating in the Portuguese Language	2	50	5
	Human Behaviour in Organisations	2	50	5
	Economic and Social Culture	2	50	5
	Technical English	1	50	5
	Interpersonal Relationships	1	50	5
<b>Technical training</b>	Mountain Biking	1	50	5
	Nature Tourism: Context, Products and Services	1	40	4
	Anatomy and Physiology	2	40	4
	Group Rhythmic Activities	2	50	5
	Physical Activity for Children and Young People	1	50	5
	Physical Activity for Specific Populations	1	60	6
	Aquatic Physical Activities	2	60	6
			600	60

##### YEAR 2 - 60 ECTS

	Course units	Sem.	Contact hours	ECTS
<b>Technical training</b>	Physical Activity, Health and Well-being	1	50	5
	Trauma and First Aid	1	40	4
	Tourist Entertainment and Events Organisation	1	50	5
	Games in Sports and Nature Tourism	1	50	5
	Physical Activity in Nature Exploration	1	60	6
	Golf and Horse Riding	1	50	5
<b>On-the-job Training</b>	On-the-job Training – Internship (750 hours)	2		30
			300	60
		Total	900	120

# FOR FURTHER INFORMATION

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## Exclusive conditions

- Extensive parking on campus.
- A comfortable, welcoming environment throughout the campus.
- Easy access by public transport, particularly the metro at ISMAI station.
- An environment with new technologies and sport, improved with the construction of a new, state-of-the-art sports complex.

## Address

Avenida Carlos de Oliveira Campos  
Castêlo da Maia  
4475-690 Maia

**Telephone number:** (+351) 229 866 026

**E-mail:** info@ipmaia.pt



**Metro/Line C** - ISMAI

## 5. Continuing studies – Bachelor's degrees

- 5.1 The application by holders of Higher Technical Professional Diplomas to attend IPMAIA Bachelor's degrees is subject to the conditions established by the institution body that is competent to do so in accordance with the law and the statutes. Depending on the Higher Technical Professional Course and Bachelor's degree, these conditions may establish the need to pass a specific IPMAIA admission exam, or allow the exemption to perform such an exam.
- 5.2 Credits acquired on the Higher Technical Professional Course may be transferred to a Bachelor's degree programme when continuing studies.

## Observations

- a) Students who intend to apply for an IPMAIA Bachelor's degree course and must sit the specific admission exam will receive suitable preparation during the teaching of the Higher Technical Professional Course.

